

APPENDIX B

ORGANISATION / PROJECT	PROJECT DESCRIPTION	FOCUS & APPROACH TO DELIVER	OUTCOMES			FUNDING 01/10/09-30/04/10
			SH	MH	TO	
Equals Training CIC Alleviating mental health stigma and promoting increased social inclusion and well-being	Equals Training delivers training intervention programme using proven Disability Equality Strategies to alleviate mental health stigma. This delivers improvements in social inclusion outcomes and secondary improvements in clinical outcomes for Haringey mental health service users.	<ul style="list-style-type: none"> Managed by disabled people in Haringey Employment outcomes linked to increased engagement in employment activities and increased volunteering Increased personal well-being Improvement in clinical outcomes due to bio/psycho/social reality of mental health illness 5 x 4 day courses to a total of 75 service users. 		✓		35,000
Mental Health Carers Support Association (MHCSA) Haringey Befriend Service	Sponsored by a local consortium, to offer one to one befriending service; offering clients choice and service innovation linked to Personalisation and the shift away from institutional provision to inclusive and individualised community services.	<ul style="list-style-type: none"> Endorsed by Mental Health Partnership Board. Devise social enterprise feasibility study and business plan for Haringey Befriending Service linked to 3 year mental health commissioning strategy and Personalisation Exchange information/liaise with potential referrers through joint planning and strategic groups. Recruit & induct 15 volunteer befrienders 		✓		35,500
Nafsiyat Inter-cultural Therapy Centre Haringey Include	Tackling widespread stigma around mental health within Asian, Minority Ethnic and Refugee (BAMER) communities by dispelling stereotypes and challenging discrimination	<ul style="list-style-type: none"> One day workshops focused on issues around stigma BAMER communities to 40 mental healthcare professionals Self help therapeutic support groups to 75 Turkish speaking people and host 10 community events 		✓		46,500
Kurdish Community Centre Healthy Body Healthy Mind Community Café	A 'Healthy Body, Healthy Mind' Community Café at the Kurdish Community Centre to use as a base for projects tackling ignorance and negative attitudes and habits in relation to health issues including healthy eating, sexual health and smoking.	<ul style="list-style-type: none"> Increased numbers quitting smoking and positive changes in dietary habits within the Community 150 individuals to take part in physical activities Delivery of 20 targeted sexual health / family planning sessions to specific groups Interactive support sessions for people with mental health problems 	✓	✓	✓	40,000
Embrace UK Mental Health Improvement Project	Provides a range of workshops, projects and initiatives (including befriending, advice, support, referral to counselling, developing healthier lifestyles through healthier eating programmes), to promote improved health and well being of migrant communities.	<ul style="list-style-type: none"> Increase awareness about mental health issues through the provision of reliable and updating facts about mental illness. Decrease stigma associated with mental health. Healthier lifestyles through making informed decisions about substance misuse, eating balanced diets and exercising 		✓	✓	34,474
Embrace UK Chlamydia Screening Programme [Funding to 30 Sept 09]	Increased the level of awareness of Chlamydia among young people, in particular Black and Minority Ethnic (BME) males aged between 15 - 24 year olds	<ul style="list-style-type: none"> Young men aged 15-24 from BME communities Information and skills development training one-to-one, peer and small group discussions to initiate behavioural change 	✓			5,000
Groundwork Haringey Timebank [Continuation from 08/09]	Improved well-being and self-esteem of people with mental health issues, especially those from deprived communities	<ul style="list-style-type: none"> Time banking infrastructure developed 80 new people engaged in volunteering activity through time bank, who will benefit from help/support 		✓		28,500